

### **Workshop on Somatic Inkblot Series**

Organized by
Department of Psychology, Manipal University Jaipur
In association with
Somatic Inkblot Society, Alaska and Dubay Healing Center, Ohio, USA
11th - 13th February 2019

Department of Psychology, Manipal University Jaipur in association with Somatic Inkblot Society, Alaska and Dubay Healing Center, Ohio, USA is going to organize a 3 day workshop (11th-13th February 2019) on Somatic Inkblot Test. The workshop will include understanding the concept of SIS, its administration, interpretation and clinical application. The preferred method of workshop will be interactive as well as hands-on-training.

The Somatic Inkblot Series (SIS) is a structured, projective, diagnostic procedure and is an adjunct to psychotherapy and counseling. The SIS is structured by a sequential presentation of intentionally designed and field-tested inkblot-like images. It is projective as it is based on spontaneous, individually generated responses to semi-ambiguous figures, which elicit intrapsychic associations specific to the person presented with them. During the administration of the SIS procedure, clients, patients and students may exhibit emotional conflict raised to consciousness by the images, which can be a therapeutic experience in itself.

Faculty/Psychologists/Counsellors/Doctoral Research Scholars/ PG students can participate in the workshop.

**Number of Participants: 30** 

#### Registration Fee:

Student participants (Internal): 3000 INR External participants/Faculty: 5000 INR

### Last date for Registration: 1st February 2019

Note: For external participants who want accommodation, limited hostel accommodation is available on payment within the university campus on first come first serve basis.

#### **Lead Resource Person**

**Prof. B L. Dubey:** Prof (Dr.) B.L. Dubey is a Clinical psychologist (DM & SP-NIMHANS) and a management consultant. He is currently President of Somatic Inkblot Society, Adjunct Faculty at University of Alaska, USA, CEO of Dubey Business Services. He was Professor of Psychology in Panjab University and a visiting faculty at PGIMER, Chandigarh. He has been the President of Indian Association of Clinical Psychologists. He was trained by Dr. Wilfred Cassell in the application of Somatic Inkblot Series in the USA. Following which he has been training budding psychologists in Projective techniques and therapeutic interventions for last several decades. Currently he is also heading the SIS Internet Therapy Division and is also Editor Emeritus-SIS Journal of Projective Psychology & Mental Health.

For registrations and workshop enquiry contact:
Dr. V Vineeth Kumar, Associate Professor, Dept. of Psychology, SHSS, Manipal University Jaipur.
Ph.: +91-9079799544; Email: <a href="mailto:vineeth.kumar@jaipur.manipal.edu">vineeth.kumar@jaipur.manipal.edu</a>

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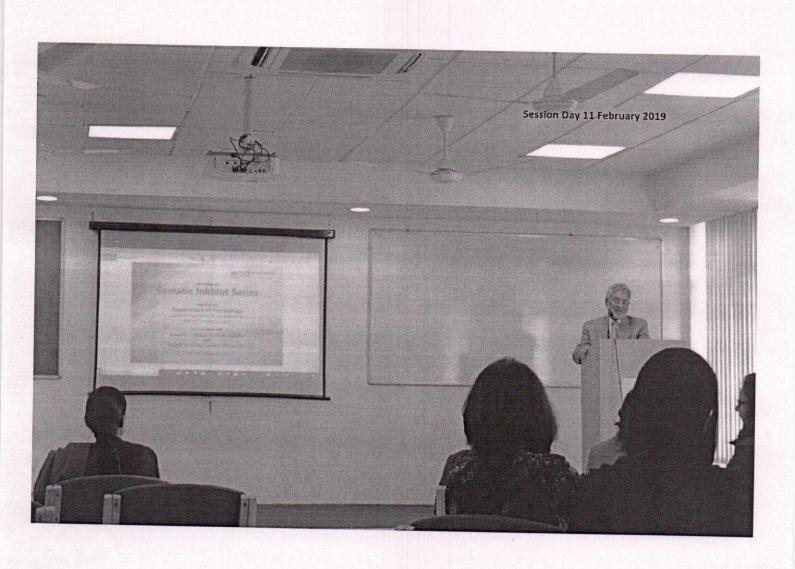
# Report on the Three day Workshop on Somatic Inkblot Test Series

A Three Day Workshop on Somatic Inkblot Series was organised by Department of Psychology, Manipal University Jaipur In association with Somatic Inkblot Society, Alaska and Dubay Healing Center, Ohio, USA.

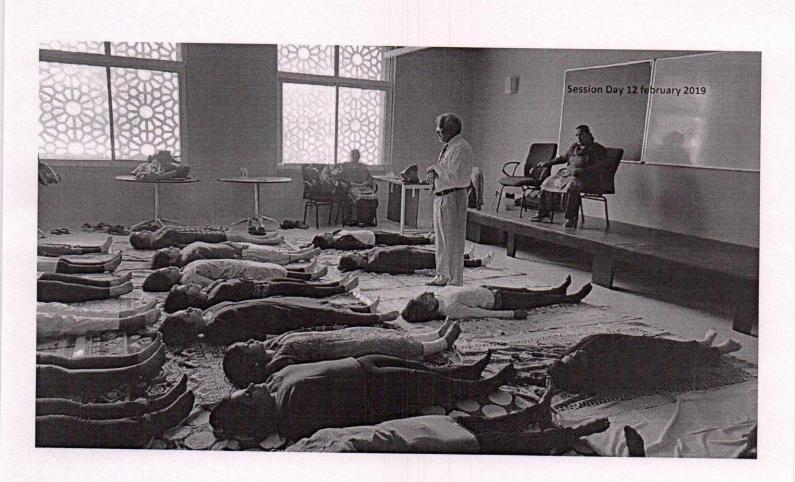
The Somatic Inkblot Series (SIS) is a structured, projective, diagnostic procedure and is an adjunct to psychotherapy and counselling. The 3 day workshop included an understanding of the concept of SIS, its administration, interpretation and clinical application. It helped in developing a new skill and important technique of clinical assessment (projective technique for studying the unconscious) which is helpful in diagnosis. The lead resource person of the workshop was - Prof (Dr.) B.L. Dubay an experienced Senior Clinical psychologist (NIMHANS, Bengaluru). He has been the President of the Somatic Inkblot Society and with his vast experience in the field of clinical practice. Along with him Mrs. Padma Dwivedi, a Psychotherapist was the Co-Trainer for the workshop. The workshop provided hands on training in administration, scoring and interpretation which proved to be very helpful in understanding the use of this projective technique in clinical practice. It was attended by 28 participants from within and outside MUJ. There were participants from DIPR (Defence Institute of Psychological Research) Delhi -DRDO, practicing psychologists from Jaipur along with PG students and faculty from MUJ. The skill building workshop was highly appreciated by the participants and ended with the distribution of certificates of Level -I for proficiency in use of SIS test.

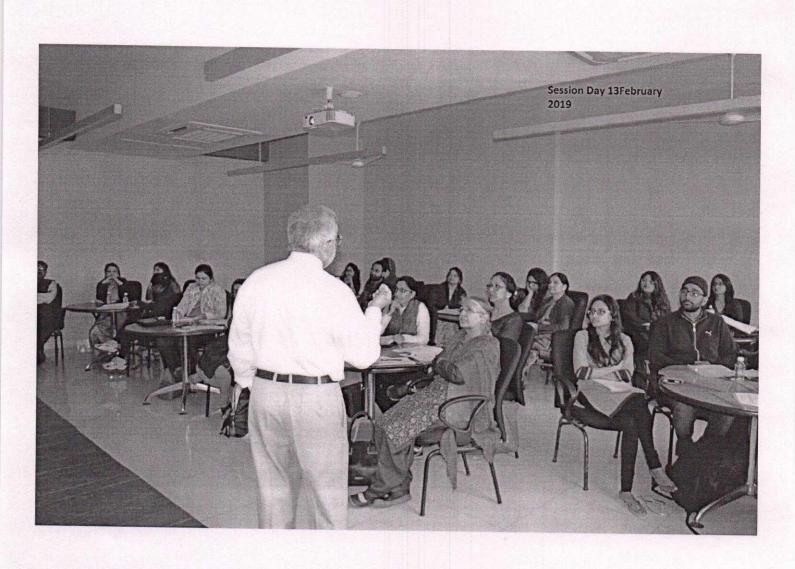
> (Dr. V Vineeth Kumar) SIS Workshop Convener

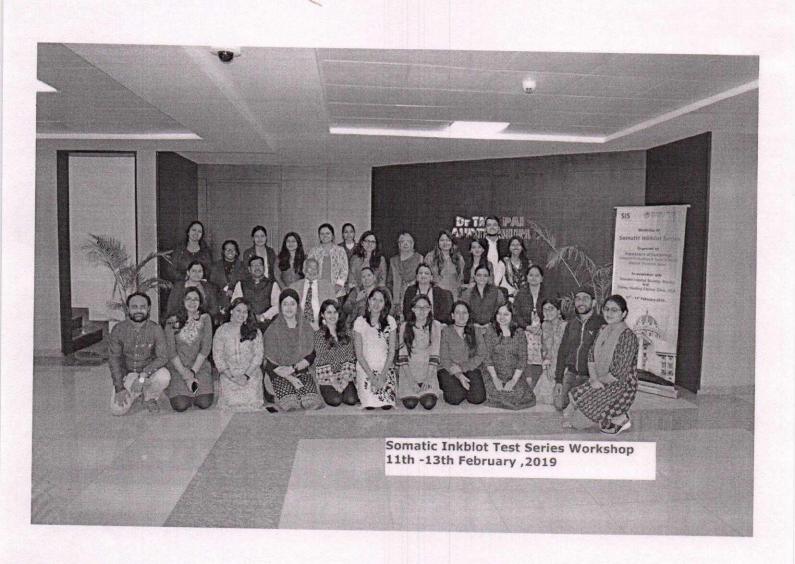
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REGISTRAR Manipal University Jaipur







## Workshop on Somatic Inkblot Series Venue: TSB Seminar Hall, Level II

Venue: TSB Seminar Hall, Level II Administrative Block Manipal University Jaipur

# Name List of the participants

S. No.	Name of the participants
1.	Vindhya Rathore
2.	Shalu Bairathi
3.	Surbhi Khandelwal
4.	Divvita Yaadav
5.	Vidhita Ranawat
6.	PreetKamal
7.	Geetika Tankha
8.	Meenakshi Joshi
9.	Prashasti Jain
10.	Suyesha Singh
11.	Divya
12.	Anisha Shisoo
13.	Anuja Chaturvedi
14.	Aiman Quazi
15.	Jaya Madan
16.	Poorva Mathur
17.	Nihaal Singh
18.	Gaurav Kaushal
19.	Vasundhara Gulati
20.	Neha Dechamma
21.	Nikita Chauhan
22.	Shirin Sharma
23.	Ritu Verma
24.	Sarleen Kaur
25.	Aditya Poonia
26.	Shubhi Jain
27.	Kanika Khanna
28.	Shubhi Mathur

(Dr. V Vineeth Kumar)

SIS Workshop Convener

REGISTRAR Manipal University Jaipur

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